



## Post-Operative Instructions After Endodontic Surgery

Return home and relax today. If you have had intravenous sedation, you will feel groggy for up to 24 hours. It is critical that you do not drive, operate hazardous machinery, make critical decisions, or consume alcohol or drugs with sedative properties during this period.

1. Apply an ice pack on the face for the remainder of today (15 minutes on - 15 minutes off). There will be some swelling starting tonight which should start to resolve in 3-5 days
2. Do not lift your lip to look at the stitches, as this may tear them and slow healing. The stitches should start to fall out in a few days.
3. Take medication as prescribed.
4. Eat soft foods for 1-2 days. Avoid hot liquids for 1-2 days. Avoid smoking as much as you can, as this can slow the healing process.
5. Starting tomorrow, after each meal rinse with warm salt water(1/2 teaspoon salt per glass of water). Brush everywhere except the surgical area for the first two days. It is very important to keep the area clean.
6. A few drops of blood may exude from the suture line and is not significant. Excessive bleeding should be reported immediately.

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### Emergency Phone Numbers

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