



Post-Operative Instructions After Root Canal Treatment

If you have had intravenous sedation you will feel groggy for up to 24 hours, return home and relax today. It is critical that you do not drive, operate hazardous machinery, make critical decisions, or consume alcohol or drugs with sedative properties during this period.

1. After the root canal treatment is completed the tooth may remain a little sensitive. You should avoid chewing on it. Mild medications for discomfort (Aspirin, Tylenol, Ibuprofen) should be sufficient.
2. You must return to your family dentist to have the final filling placed in the tooth. If the temporary filling falls out, it must be replaced immediately or the tooth may become infected.
3. To evaluate the success of the treatment a check-up X-ray of the tooth should be taken in one year's time. Your family dentist should take a film at your annual recall visit. If a problem is observed, the X-ray can be e-mailed to our office for review.
4. In case of emergency outside of regular office hours, please contact your doctor at the number noted below.

We thank you for the confidence you have shown in us by coming here for your treatment, and welcome any comments that you may have on the care that we have provided for you.

Emergency Phone Numbers

Office
613.234.1211

Dr. Eugenie MacKay
613.296.5489

Dr. Karen Fung
613.805.5888

Dr. Alison McGuire
613.890.3122

Dr. Isabelle Quenneville
613.203.0293

Dr. Sherif Elsaraj
204.440.0000

Dr. Janelle Hamilton
613.858.9691

Dr. Amin Alibhai
709.743.4950

Dr. Jacob Fitzgerald
613.790.8111

Dr. Lyon Hamburg
613.295.0067

Dr. Michael Rapp
613.294.8630